



www.permissiontoplay.co/courses/creativity-unwrapped

Exercise: Creativity and You



In the middle box, draw a portrait of yourself.

Thinking about what your creative qualities could be and fill up the outer 8 boxes with words or pictures that come to mind when you think about creativity and you.

	Me	

To me, creativity is...

(Complete the sentence in no more than 20 words)

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Example completed sheet

